

The Berar General Education Society's SHRI R.L.T. COLLEGE OF SCIENCE, AKOLA Department of Physical Education & Sports (DPES) National Service Scheme (NSS), National Cadet Corps (NCC) Jointly Organised

International Day of Yoga (IDY) 2023 21st June 2023

International Day of Yoga was celebrated on 21st June 2023. Students, Staff Members and interested persons were attended this programme. The President of this program was Principal Dr.V.D. Nantoy. Dr. Rajesh Chandrawanshi had given the demonstration of different Yoga Asanas. Students, staff members and interested persons actively participated in Yoga Asanas. The conduction of the program was done by Rashmi Joshi.

Dr.V.D. Nantoy in his presidential address guided students about the importance of Yoga in life. Asan's practice was conducted in healthy atmosphere.



















Dr. Rajesh Chandrawanshi Director of Physical Education and Sports