

The Berar General Education Society, Akola's
SHRI R.L.T. COLLEGE OF SCIENCE, AKOLA
Women's Cell and Internal Complaint Committee (ICC)
In collaboration with
Department of Physical Education and Sports and IQAC
Organized A Program
Self Defense - Essential in Life
(Informative with Practical Session)
on dated 9th April 2022 at 11.30 AM

Women's Cell and Internal Complaint Committee (ICC) in collaboration with Department of Physical Education and Sports and IQAC organized a program Self Defense - Essential in Life (Informative with Practical Session) on dated 9th April 2022 at 11.30 am in Auditorium hall of the college. The aim of this program is to motivate the students for self defense.

The program was chaired by Principal Dr. V. D. Nanoty. Self Defense Expert and Speaker for this program was Dr. R. D. Chandrawanshi, Director of Physical Education and Sports, Shri R.L.T. College of Science, Akola. Chief Guest for this program was Dr. R. L. Rahatgaonkar, Coordinator, IQAC, Shri R. L. T. College of Science, Akola.

The program was started with the worship of Goddess Saraswati and Kranti Jyoti Sawaitribai Fule. In the introductory speech Dr. Tadam, Chairperson of Women's cell and ICC, explained the need and importance of Self-defence.


In this program Self defense related detail concept nicely delivered by Dr. Rajesh Chandrawanshi and live demonstration of Karate, Taekwondo, Kick Boxing and Judo were perfectly presented by self defense expert Students. Three girl students namely Ms. Tejal Thakur from B.Sc.III, Ms. Rutuja Badhe from B.Sc.II and Ms. Nalanda Damodar from B.Sc.I shared their benefits after learning Self-defence. The chairperson of this program Principal Dr. Nanoty assured that students will get benefited by this program.

Total 207 students were participated in this program out of which 183 were girls students and 24 were boys students. Some students were motivated to take part in self defense activities. Hence the aim of the program was achieved.

The program was nicely conducted by Ms. Vijaya Tekade and vote of thanks was delivered by Mr. Pranav Kadu. Following members of Women's Cell and ICC worked hard for the success of the program.

- | | |
|---------------------------|--|
| 1. Dr. S.B.Tadam | Co-ordinator |
| 2. Dr. K.M.Heda | Member |
| 3. Dr. A.A.Sangole | Member |
| 4. Smt. J.A.Gite | Member |
| 5. Ms. Kanchan Mangatani | Member (Research Student Representative) |
| 6. Ms. Aarti Katore | Member (P.G. Student Representative) |
| 7. Ms. Karishma Panjawani | Member (U.G. Student Representative) |

Date: 12.04.2022


Asst. Prof. Dr. S. B. Tadam
Coordinator of Women's Cell and ICC



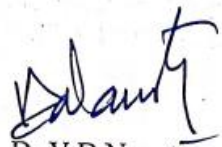

Dr. V. D. Nanoty
Principal
Shri R.L.T. College of Science, Akola

Photo Coverage
OF THE PROGRAM

Self Defense - Essential in Life

Informative with Practical Session

(On Saturday 9th April 2022)



Rangoli made by students for the program



The Bharat General Education Society, Akola's
SHRI R. L. T. COLLEGE OF SCIENCE, AKOLA
(Re-accredited with 'A' Grade by NAAC with CGSA 3.12)
Affiliated to Saint George's De La Amravati University, Amravati

Women's Cell and Internal Complaint Committee (ICC)
In collaboration with
Department of Physics, Education and Sports and IQAC.
Organizes a Program

Self Defense - Essential in Life
Informative with Practical Session

Chairman
Dr. V. D. Navol
Principal, Shri R.L.T. College of Science, Akola

Self Defense Expert and Speaker
Dr. P. D. Chandramochi
Director of Physical Education and Sports,
Shri R.L.T. College of Science, Akola

Dr. R. L. Rajkumar
Coordinator, IQAC
Shri R. L. T. College of Science, Akola

Date: 09/04/22 Time: 11:30am
Venue: Auditorium, Shri R.L.T. College of Science, Akola
Registration Link: <https://forms.gle/4mDgQ1mAVD1k>
(This link is only for the registration. Program will be conducted in offline mode only.)

Organizing Committee

Dr. S.B. Tadga	Dr. K.M. Han
Dr. A.A. Samole	Adv. Manoj Kumar
Shri K. Y. Patil	Shri J.A. Gite
Ms. Kanchan Jagtap	Ms. Anu Kulkarni
Ms. Karishma Dhanrajani	

Brochure of the Program



Floral Welcome

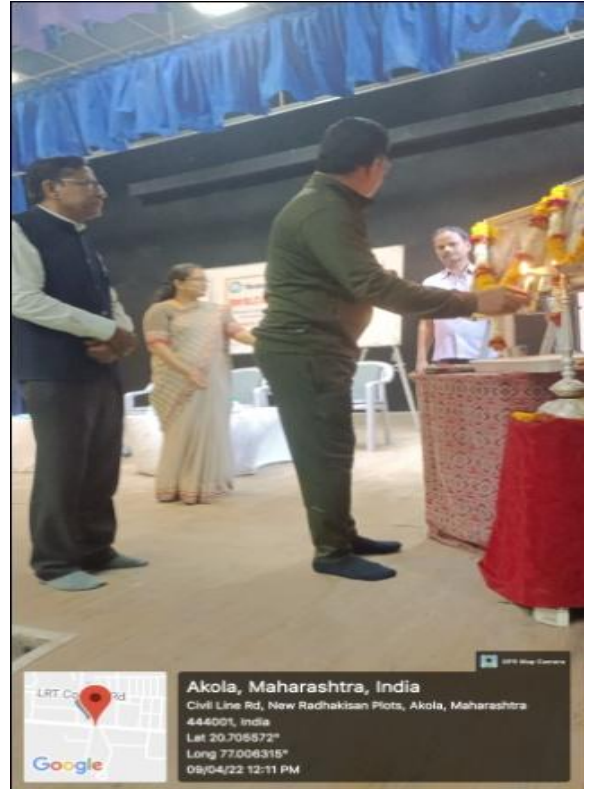


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Lamp lightning and garlanding to lord Saraswati and Kranti Jyoti Savitribai Fule



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Introductory speech Given by Chairperson of Women's Cell & ICC, Dr. S. B. Tadam

Speech delivered by Self Defense Expert and Speaker Prof. Dr. R. D. Chandrawanshi



Speeches given by Students



Presidential Speech given by Principal Dr. V.D. Nanoty

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Self defense related detail concept delivered by Prof. Dr. Rajesh Chandrawanshi



live demonstration of Karate, Taekwondo, Kick Boxing and Judo



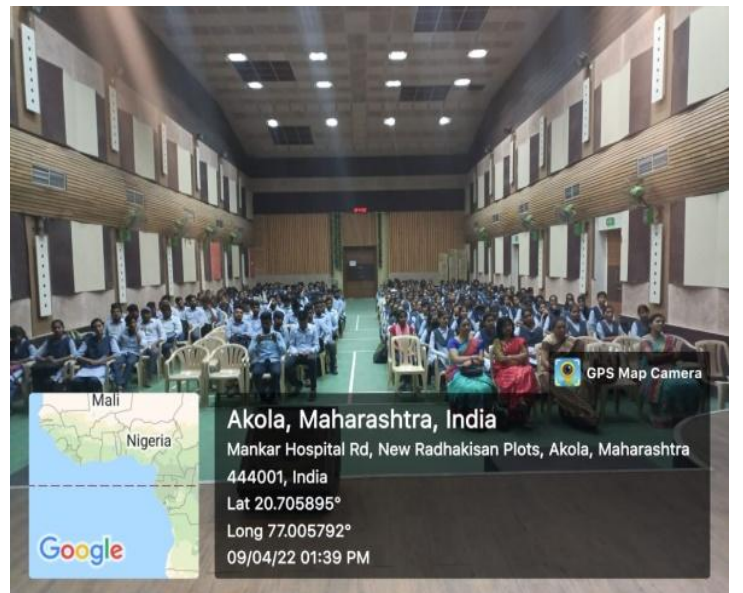
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The program was beautifully anchored by Ms. Vijaya Tekade



Vote of thanks presented by Mr. Pranav Kadu



Students present for the event

