

The Berar General Education Society's
Shri R.L.T. College of Science, Akola
Department of Physical Education and Sports



Report
Self-Defense Academy



Session 2018-2019

Shri R.L.T. College of Science, Akola

Department of Physical Education and Sports

Self-Defense Academy

(Innovative Practice)

Session 2018-2019

Judo, Wrestling, Karate, Boxing, Taekwondo & Stick practice was taken under in this self-defense academy. This hard training develops muscular power, stamina, endurance, flexibility, agility of strength of player. Aim of this activity is to develop self-defense skill with physical fitness among the students specially for girls as well as in boys. Physically strong young generation is always ready to struggle in any situation.

List of Participants

Sr. No.	Name of Participant	Class
1	Mr. Tushar Gite	B.Sc. III
2	Mr. Shreyas Ingle	B.Sc. II
3	Mr. Rushikesh Dhore	B.Sc. I
4	Mr. Swaraj Khawane	B.Sc. III
5	Mr. Shubham Mhatarmare	B.Sc. II
6	Mr. Akshay Gulhane	B.Sc. II
7	Mr. Dipankar Telgote	B.Sc. I
8	Ms. Asmita Ambhore	B.Sc. I
9	Ms. Vaishnavi Metange	B.Sc. I
10	Ms. Janhavi Dolas	B.Sc. II
11	Ms. Sakshi Bhagwatkar	B.Sc. I
12	Ms. Shivani Jadhav	B.Sc. III
13	Ms. Karika Gawai	M.Sc. I
14	Ms. Ishwari Hingne	B.Sc. II
15	Ms. Anamika Belsare	B.Sc. II
16	Ms. Godawari Raut	B.Sc. III
17	Mr. Pawan Band	B.Sc. II
18	Mr. Suraj Matre	B.Sc. II
19	Mr. Abhijeet Sayre	B.Sc. I
20	Ms. Gayatri Kalamb	B.Sc. I
21	Ms. Pajkta Parate	B.Sc. I
22	Ms. Neha Harimkar	B.Sc. II
23	Mr. Pavan Sarap	B.Sc. I
24	Mr. Pratik Dofe	B.Sc. II
25	Ms. Krupali Deshmukh	B.Sc. I

Sr. No.	Name of Participant	Class
26	Ms. Pooja Kachare	B.Sc. I
27	Ms. Sakshi Jalamkar	B.Sc. I
28	Ms. Vrushali Gawande	B.Sc. I
29	Ms. Bhagyashri Chikar	B.Sc. I
30	Ms. Vaishnavi Jadhav	B.Sc. I
31	Ms. Vaishnavi Bhande	B.Sc. I
32	Ms. Arti Kadu	B.Sc. I
33	Ms. Divya Khade	B.Sc. I
34	Ms. Gayatri Sable	B.Sc. I
35	Ms. Triveni Wankhade	B.Sc. I
36	Ms. Pallavi Dhole	B.Sc. I
37	Ms. Shweta Mali	B.Sc. I
38	Ms. Sujata Wankhade	B.Sc. I
39	Ms. Mohini Bole	B.Sc. I
40	Ms. Payal Deoke	B.Sc. I
41	Ms. Vaishnavi Deshmukh	B.Sc. III
42	Ms. Ankita Kurwale	B.Sc. III
43	Ms. Sakshi Deshmukh	B.Sc. III
44	Ms. Pooja Halvadiya	B.Sc. II
45	Ms. Damini Sanghai	B.Sc. II



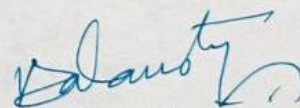
Shri.R.L.T.College of Science,Akola
Department Of Sports and Physical Education
(Degree College)

Notice - 1
2018-2019

All students who are interested to participate in Inter Collegiate Tournaments of Sant Gadge Baba Amravati University in Badminton, Table Tennis, Chess, Volleyball, Football, Judo, Athletics, Kabaddi, Boxing, Best Physique, Power Lifting, Weight Lifting, Taekwondo, Wrestling, Any other sports and Karate / Stick Practice (Under Self Defense Academy-Innovative Practice) should contact & enrolled there name to Dr. R. D. Chandrawanshi, Director of Sports and Physical Education in Department Of Sports and Physical Education up to 25th July 2018.



(Dr. R. D. Chandrawanshi)
Director of Sports &
Physical Education
Shri R.L.T. College of Science, Akola



(Dr. V. D. Nanoty)
Principal,
Shri R.L.T. College of Science,
AKOLA

Date :- 15/06/2018









Dr. Rajesh Chandrawanshi
Director of Physical Education and Sports