

## The Berar General Education Society's

# Shri R. L. T. College of Science, Akola

Affiliated to Sant Gadge Baba Amravati University, Amravati Re-accredited 'A' Grade by NAAC with CGPA 3.12

**Department of Physical Education and Sports** I.Q.A.C. and

**Parent Teacher Association Committee Jointly Online Organized** 

"Physical fitness and sports awareness programme" On the occasion of National Sports Day 29th August 2021

**Dt. 29th August 2021** 

Everybody knows the importance of Physical Fitness to boost immunity to fight against Corona Virus and such type of diseases in future. The aim of this programme is to develop physical fitness through daily practical session activities.

Due to Covid-19 pandemic Sports activities are lagging in previous two years. In this critical situation it is our responsibility to encourage, aware and motivate students, players and people towards sports activities.

#### **Our Patron** The B.G.E. Society's All Executive Member



**Adv.Motisingh Mohta President** 



Shri.V. S. Toshniwal Sr. Vice President



Dr. R. C. Jain Jr. Vice President Hon. Secretary





**National Sports** 

Time: 5:00 PM

Shri P.N.Maheshwari Er.A.G.Paranjape Jt. Secretary

Adv. Pramod W. Agrawal Ar. Atul R. Bang Shri. Abhay P. Bijwe Shri. Deepak B. Chandak

Shri. Rameshchandra S. Chandak Shri. Karan K. Cheema C.A. Vikram R. Golechha Adv. Ajaykumar R. Gupta

Dr. Ajay V. Kant Dr. Kiran H. Laddha Dr. Satish L. Rathi Shri. Amit A. Sureka

#### **Programme Schedule**

Date	Time	Event	Details
29/08/2021	5:00 PM	Opening Ceremony	Honourable Guests, Parents, Students and
			Organizing Committee Members
	5:20 PM	Physical Fitness	Practical Session – Stretching Exercise & Warm Up
			Conducted By - Dr. Rajesh D. Chandrawanshi
	6:00 PM	Sports Awareness	Conducted By – Dr. Kanchan R. Lathi
	6:20 PM	<b>Group Discussion</b>	All Participants
	6:30 PM	Closing Ceremony	Honorable Guests, Parents, Students and
			Organizing Committee Members

### **Links of Programme**

Streaming	Details		
On			
	Link	https://us02web.zoom.us/j/82715221085?pwd=RkczNVVNUFN4WFNSeDdmZmJRekVNUT09	
Zoom	ID	827 1522 1085	
	P.C.	510952	
YouTube		https://youtu.be/qsJwF2vZoAs	

### **Organizing Committee Members**

Dr.V.D. Nanoty
Principal & Convenor
Shri R.L.T. College of Science, Akola

Dr. R. D. Chandrawanshi Director of Physical Education and Sports

Dr. A. S. Sawarkar Chairman, Parent Teacher Association Committee **Dr.R.L. Rahatgaonkar IQAC Coordination** 

**Dr. K.R. Lathi Physical Education Teacher** 

Prof. V.N. Badgujar Prof. S.B. Tadam

Dr.R.M. Agrawal

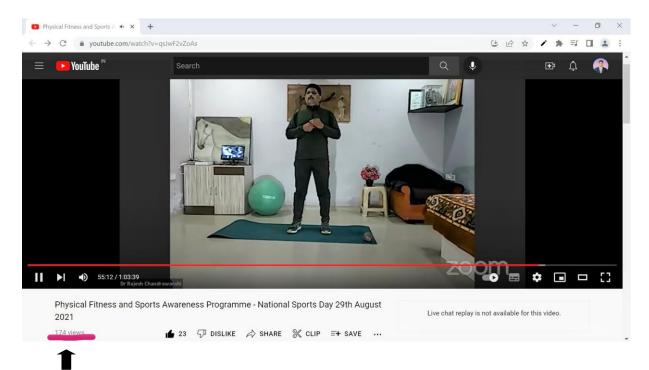
Dr. S.L. Munde

Prof. S.N. Gawande









No of Views 174

Dr. Rajesh Chandrawanshi Director of Physical Education and Sports