

UNIVERSITY LEVEL ONLINE ADD ON COURSE ON 'PERSONALITY DEVELOPMENT'

Duration: 06-11 Dec., 2021

Total Time: 30 Hours

Organized By

Sipna Shikshan Prasarak Mandal, Amravati's
Arts, Science and Commerce College, Chikhaldara
Career Guidance Cell

In Collaboration With

Shri Shivaji Education Society, Amravati.
Jijamata Mahavidyalaya, Buldana
&
Rajasthan Education Society's
R. A. Arts, Shri M. K. Commerce & Shri S. R. Rathi
Science Mahavidyalaya, Washim
&
Vidya Prasarak Mandal's
Amolakchand Mahavidyalaya, Yavatmal
&
The Berar General Education Society's, Akola
Shri. R.L.T College of Science, Akola

Career Guidance Cell, Arts, Science and Commerce College, Chikhaldara is organizing Online Add On Course On 'Personality Development' in collaboration with Jijamata Mahavidyalaya, Buldana; R. A. Arts, Shri M. K. Commerce & Shri S. R. Rathi Science Mahavidyalaya, Washim; Amolakchand Mahavidyalaya, Yavatmal and Shri. R.L.T College of Science, Akola for all the students who are

studying in the Sant Gadge Baba Amravati University, Amravati. Well known resource persons are invited for this course. This course is going to be life improving experience for all the participants.

The main objectives of the course are:

- To develop personality
- To inculcate positive thinking
- To develop life skills
- To inculcate employability skills
- To inculcate entrepreneurship skills

Following topics will be covered in this course:

1. Know Thyself
2. Motivation
3. Goal Setting
4. Presentation Skill
5. Team Building
6. Corporate Culture
7. Time Management
8. Adventure
9. Stress Management
10. Ethics, Integrity & Aptitude

Information About Colleges:

❖ Arts, Science and Commerce College, Chikhaldara

Sipna Shikshan Prasarak Mandal, Amravati is established with the specific goals and mission of overall development of the people in Melghat, a tribal, remote, hilly and backward region in Amravati and Akola district of Maharashtra state. Melghat comprises of Chikhaldara and Dharni tahsil and part of Achalpur, Anjangaon Surji and Akot tahsil. Melghat is hilly terrain at the northern extreme of the Amravati district of Maharashtra. Melghat means 'meeting of the ghats', which describes the area as a large tract of unending hills and ravines scarred by jagged cliffs and steep climbs. It is renowned for 'Melghat Tiger Project' and 'Gugamal National Park' worldwide. Presently, the total area of the reserve is around

1677km². The forest is tropical dry deciduous in nature, dominated by teak (Tectonagrandis). Chikhaldara is a Hill Station, famous tourist destination and a municipal council in Melghat. Chikhaldara is the sole hill station known as the ‘Nandanvan of Vidarbha’, situated at an altitude of 1118 mtrs with Vairat point at 1188 mtrs. Also, it has the added dimension of being the only coffee-growing area in Maharashtra. The place has a rich variety of flora and fauna with the nature’s beautiful architecture spread all over the region.

Arts, Science and Commerce College, Chikhadara, Distt.: Amravati came into existence in 1996 with an intention to impart higher education to the tribal at their very door steps and ensure their well being, growth and safety. The college is assessed and accredited by NAAC, Bengaluru with B++ grade (CGPA2.77) in 3rd NAAC cycle. The college offers degree courses like B. A., B. Sc., B. Com with traditional and advanced subjects and M. Sc. (Environmental Science). Whereas in UG science stream there are innovative subjects like Petrochemical Science, Food Science, Apiculture, Industrial Chemistry and Environmental Science. The college run recognized research centers for the subjects English, Physics, Botany, Mathematics, Chemistry, Environmental Science, Marathi, Hindi, Political Science and Sociology. Besides this, the college runs various add-on and certificate courses.

Career Guidance Cell established in 2003 is one of the active and student centric committee of the college, which has been continuously working for overall development of the students. Every year the cell organizes various activities and provides services like-General Knowledge Test, Science Aptitude Test, Essay Test, Guest Lecture Series, Add On Course On Personality Development, Add On Course On Soft Skills Development, Career Counseling etc The cell also extends its expertise/services to other institutes.

❖ **Jijamata Mahavidyalaya, Buldana**

Established in 1956 by Late Dr. Panjabrao alias Bhausaheb Deshmukh, the First Minister for Agriculture, Government of India our college is one of the 265 educational institutes run by Shri Shivaji Education Society, Amravati. The college is affiliated to Sant Gadge Baba Amravati University, Amravati and imparts education in Science, Commerce and Humanities streams at UG and PG levels. It

has been awarded College with Potential for Excellence award in 2010 by UGC. NAAC Bengaluru has reaccredited the college with B Grade (CGPA 2.88) in 2013.

 **We offer courses in:**

❖ **Under Graduate:** i) Arts (Humanities) ii) Commerce iii) Science

❖ **Post Graduate: M.A. :**

i) Economics ii) English iii) Marathi iv) Music

M.Sc.:

i) Chemistry

M. Com.:

i) English Medium ii) Marathi Medium

 **Available Facilities and Resources**

Research Centres for Ph. D.:

i) Chemistry ii) Zoology iii) History

iv) Marathi v) English vi) Commerce

Recognized Research Laboratories:

i) Chemistry ii) Physics iii) Zoology iv) Botany

Sports Facilities:

i) 400 Mtr Running Track ii) Handball

iii) Athletics iv) Cricket

Support Facilities:

i) Rich Central Library

ii) National Cadet Corps

iii) National Service Scheme

With the mission of providing quality education the College endeavors to inculcate social, national and holistic values among students. Aspirants for various competitive exams, research, sports, culture and entrepreneurship are encouraged and supported with necessary facilities, resources and expertise.

❖ R. A. Arts, Shri M. K. Commerce & Shri S. R. Rathi Science Mahavidyalaya, Washim

R. A. College was established in pre-independent era in 1944 by freedom fighters and later handed over to Rajasthan Education Society, Washim in 1945 which is now affiliated to Sant Gadge Baba Amravati University. The Institution holds pride in being one of the selected few colleges in Maharashtra to have accreditation from NAAC at the A Grade consecutively in 2004, 2011 and 2017. The institute is also having "College with Potential for Excellence" (CPE) status

awarded by UGC. The Vision and Mission of the institute is correlated with the objectives of the society and reflects the commitment of the institute towards holistic development of the students and inculcating the social and human values in them through academic, co-curricular and social activities. The institute runs UG, PG and various skill-based courses along with research in all streams. The institution has an array of nine research (PhD) centres in various disciplines recognized by the parent university. The main motto of the institution is, “Education with discipline and pursuit of excellence and to build and sharpen the rural students for the various opportunities available in different career fields.”

❖ **Amolakchand Mahavidyalaya, Yavatmal**

The college was established by the society in 1956. The college was started initially in the ‘Mor Bhavan’ of the town, with 40 students only, in the academic session 1956-57. The College was affiliated to Nagpur University, Nagpur. Now the college has well established building, Laboratories; Library, Play grounds for Boys & Girls etc. Spread over on 39 acres of land. The College is providing Education to students for HSC, Graduation in Arts, Commerce, Home Science & Science, Post graduations in Arts (Economics/ History/ Political Science/ English/ Marathi/ Hindi), Commerce and Science (Chemistry/ Mathematics/ Physics) Courses. The college has recognized Research Centers in the subjects Physics, Electronics, Chemistry, Zoology, Economics, Marathi and English. The College is affiliated to Sant Gadge Baba Amravati University, Amravati, since 1983.

The foundation stone of the College was laid on 1 February 1958 at the hands of Shri Yashwantraoji Chavhan, then Chief Minister of Mumbai State. The college was blessed by Pandit Jawaharlal Nehru, the first Prime Minister of India and he inaugurated Science Faculty of the College on 18 April 1959. Today the college has acquired a prestigious position not only in Vidarbha region, but in the entire Maharashtra. The Golden Jubilee of the college was celebrated with the auspicious blessings of His Excellency Dr. A.P.J. Abdul Kalam, Honorable President of India. His Excellency Shri Bhairosingji Shekhawat, Honorable Vice-President of India and Her Excellency Smt. Pratibha Patil, Honorable President of India, also visited the college.

Over a period of time, the college has expanded the areas of study with conscious attempts for Adding the employability to the courses. Several students of the college have acquired prominence in different fields of education. The

management of the College is making every possible effort to face new challenges of ever-expanding world of Knowledge & enable the students to live a life with material advancement and Spiritual enrichment.

❖ **R.L.T College of Science, Akola**

Shri R.L.T. College of Science, Akola affiliated to SantGadge Baba Amravati University, Amravati was established under The Berar General Education Society, Akola on 1 April 1970 . The college is re-accredited by NAAC with 'A' grade, CGPA-3.12 (3rd Cycle). The college offers B.Sc., M.Sc., Ph.D. and. also comprises 11th and 12th standard education. At present there are 14 U.G. departments in college i.e. Biochemistry, Bioinformatics ,Botany, Chemistry, Computer Science, Electronics, Information Technology, Mathematics, Microbiology ,Physics, Zoology, Languages, Physical Education and Library and 8 P.G .Departments i.e. Mathematics, physics, Computer Science, Microbiology, Chemistry ,Zoology, Botany and Biochemistry. Ph.D Facilities Available in Physical Education Department, Microbiology, Chemistry, Zoology Botany and Mathematics.career oriented programmes like CCLT, DCLT and ADCLT, Diploma course in Sericulture, Diploma course in Astronomy. Our college is one of the premier institutions delivering excellent education through dedicated collaborated efforts towards achieving recognition and honour at national and international level. We proudly declare that it has indeed grown from a seedling into a tree that has not only sheltered thousands of youngsters but also has moulded them into great personalities, scattered across the globe. We strive for providing advanced academic environment,innovative techniques and creating value based globally competitive professionals through well directed honest efforts. In order to discharge our noble responsibilities towards the work of science at large, we keep organizing state, national and international level workshops, seminars and conferences.



Course Schedule

DAY-01			
Date	Time	Topic/Session	Resource Person/Speaker
06.12.2021	12.30 pm to 1.30 pm	Inauguration Function	Note: Details of the inauguration function will be informed separately.
	1.30 pm to 2.30 pm	Know Thyself	Dr. Pankaja S. Ingle

RESOURCE PERSON



Dr. Pankaja S. Ingle

MA, B. Ed., NET, Ph.D., D.LITT
Assistant Professor, Arts
Commerce and Science College
Amravati (MS)

Expertise & Achievement:

- ✓ Certified Soft Skills Trainer at Sant Gadge Baba Amravati University, Amravati
- ✓ Ex Member of prestigious Child Welfare Committee, appointed by Govt of Maharashtra
- ✓ Director of Sadashanti Balgruh Orphanage Amravati
- ✓ Reiki Practitioner and conducts meditational sessions
- ✓ Won Dkirk International Award for Outstanding Woman & Gmarf International Award for Woman Educationalist Excellence

DAY-02

Date	Time	Topic	Resource Person
07.12.2021	12.30 pm to 1.30 pm	Motivation	Prof. Anupama M. Laddha
	1.30 pm to 2.30 pm	Goal Setting	Dr. Pavan G. Deshmukh

RESOURCE PERSONS



Prof. Anupama Madhur Laddha

C.A., M.Com., LLB,
LLM (University of Durham, UK),
Ph.D.(P)

Expertise & Achievement:

- ✓ Certified Soft Skills Trainer at Sant Gadge Baba Amravati University, Amravati
- ✓ Certified Soft Skills Trainer at ICAI
- ✓ Entrepreneur
- ✓ Artist (Dance & Theater)
- ✓ Trainer



Dr. Pavan G. Deshmukh

B. Tech., MBA., M. Tech., Ph. D.,
PGDEC, PGDCS.,
Dean, T & P Dept., Prof. Ram Meghe
College of Engg.& Mgt. Badnera (MS)

Expertise & Achievement:

- ✓ Certified Soft Skills Trainer at Sant Gadge Baba Amravati University, Amravati
- ✓ Received Best Employee awards in corporate like Reliance & ICICI
- ✓ Served the Engineering projects at international level like in Malaysia, Canada, Bhutan etc
- ✓ Worked as a corporate trainer at ICICI Lombard, Pune

DAY-03

Date	Time	Topic	Resource Person
08.12.2021	12.30 pm to 1.30pm	Presentation Skill	Dr. Avinash Moharil
	1.30 pm to 2.30 pm	Team Building	Dr. Pallavi N. Mandaogade

RESOURCE PERSONS



Dr. Avinash Moharil

M.A(Eng), SET, Ph.D., PG Diploma in Psychotherapy and Counselling, M.S. in Psychotherapy and Counselling.
Principal, Mahila Mahavidyalaya, Amravati

Expertise & Achievement:

- ✓ Trainer, Counselor, Orator & Presenter
- ✓ Former Dean, Faculty of Humanities, SGBAU, Amravati
- ✓ Ph.D. Guide in English
- ✓ Column Writer, Author & Digital Content Creator
- ✓ Delivered many lectures throughout India and abroad.



Dr. Pallavi N. Mandaogade

MBA, Ph.D., M.Com,
MA (Counseling & Psychotherapy)
Associate Professor & Head, Dept. of Management Studies, Vidyabharati Mahavidyalaya, Amravati.

Expertise & Achievement:

- ✓ Certified Soft Skills Trainer at Sant Gadge Baba Amravati University, Amravati
- ✓ Author & Researcher
- ✓ Executive member of Amravati Management Association and Chamber of Commerce
- ✓ President of an NGO- "Garima Foundation"
- ✓ Life Coach & Trainer

DAY-04

Date	Time	Topic	Resource Person
09.12.2021	12.30 pm to 1.30 pm	Corporate Culture	Mr. Pritish Nandanwar
	1.30 pm to 2.30 pm	Time Management	Nirmala S. Jain

RESOURCE PERSONS



Mr. Pritish Nandanwar

BTec(IT), MTec(IT) from Indian Institute of Information Technology & Management (IIITM, Gwalior). Presently Operating in the Corporate Sector from Bengaluru.

Expertise & Achievement:

- ✓ Technology Leader and Senior Director with 16+ years of experience
- ✓ Experienced at building engineering teams and delivering products and services in various industry verticals and horizontals
- ✓ Served corporate clients across geographies
- ✓ Led employee development programs through training and mentorship
- ✓ Bagged multiple employee awards and team awards for performance, delivery excellence, technology solutions



Nirmala S. Jain

M.Sc. (Geology)

Scientist 'SE', Geosciences Group, Remote Sensing Applications Area, National Remote Sensing Centre, Indian Space Research Organization (ISRO), Department of Space, Govt. of India, Hyderabad

Expertise & Achievement:

Expert in research activities are-

- ✓ Seasonal Landslide Inventory Mapping (SLIM) for all states of India using High-resolution satellite data such as, Resourcesat, Cartosat, WorldView, Pleiades and GeoEye to map landslides.
- ✓ Event based natural hazards (earthquakes, landslides, volcanoes) using Indian and foreign satellite data.
- ✓ Landslide Early Warning System
- ✓ Solar System: Geology of planet Mars (Mineralogy and geomorphology)

Note: She is one of the prominent alumni of our college (Sipna-ASCC, Chikhaldara)

DAY-05

Date	Time	Topic	Resource Person
10.12.2021	12.30 pm to 1.30 pm	Adventure	Mr. Gajanan P. Hedao
	1.30 pm to 2.30 pm	Stress Management	Prof. Pushpa Zamarkar

RESOURCE PERSONS



Mr. Gajanan P. Hedao

BE (Electrical)
Deputy General Manager,
Hindustan Petroleum Corporation Ltd., Mumbai

Expertise & Achievement:

- ✓ Worked at various dept. and locations at various capacities in HPCL.
- ✓ Worked in state of Bihar for 8 years for setting integrated Sugar, Ethanol & Cogen plant as a Proj. Site incharge & COO.
- ✓ Interest in Sports. During school days 3 times Mallakhamb District champion.
- ✓ Now doing Marathons/ Wakathons/trek. Completed 100K-3, 42K-2, 21K- 30,10K-10, Trek- 1



Ms. Pushpa Zamarkar

M.Sc. (Geology), SET, Ph.D.*
HOD & Asst. Professor, Department of Geology,
Shivaji Science College, Nagpur

Expertise & Achievement:

- ✓ Expertise in Petrography
- ✓ Researcher
- ✓ Trainer

Note: She is one of the prominent alumni and The Best Student Award winner of our college (Sipna-ASCC, Chikhaldara)

DAY-06

Date	Time	Topic	Resource Person/Speaker
11.12.2021	12.30 pm to 1.30 pm	Ethics, Integrity and Aptitude	Dr. Dinesh D. Khedkar
	1.30 pm to 2.30 pm	Valedictory function	Note: Details of the valedictory function will be informed separately.

RESOURCE PERSON



Dr. Dinesh D. Khedkar

M.Sc.(Bot), Ph.D.

Professor, Shri. Shivaji Science College, Amravati (MS)

Expertise & Achievement:

- ✓ Author, Researcher, Mentor
- ✓ Research Guide for M.Phil. & Ph.D.
- ✓ Digital Content Creator
- ✓ Trainer, Speaker, Presenter
- ✓ AWARDS:
 - Best Teacher (2019), Sant Gadgebaba Smruti Seva Puskar (2019)
- ✓ ABROAD PRESENTATION:
 - Greece, Turkey, Sweden, Denmark, France, Italy
- ✓ POSITIONS HELD:
 1. Secretary (India), Asian Association for Biology Education
 2. President, Amravati Garden Club, Amravati
 3. Member, BoS in Botany, SGB Amravati University, Amravati
 4. Member, Think Tank, Shri Shivaji Education Society, Amravati

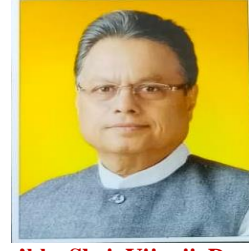
PATRONS



Hon'ble Shri. Harshvardhanji Deshmukh
President
Shri Shivaji Education Society,
Amravati



Hon'ble Shri. Jagdishji Gupta
President
Sipna Shikshan Prasarak Mandal,
Amravati



Hon'ble Shri. Vijayji Darda
President
Vidya Prasarak Mandal,
Yavatmal



Hon'ble Adv. Motisinghji Mohta
President
The B.G.E. Society,
Akola



Hon'ble Shrimati Sheelatai Subhashji Rathi
President
Rajasthan Education Society,
Washim



Hon'ble Shri. Shyamsundarji Mundhada
Vice-President
Rajasthan Education Society,
Washim



Hon'ble Dr. Ravindraji Kadu
Secretary
Sipna Shikshan Prasarak Mandal,
Amravati



Hon'ble Shri. Sheshraoji Khade
Secretary
Shri Shivaji Education Society,
Amravati



Hon'ble Shri. Pavanji Maheshwari
Secretary
The B.G.E. Society,
Akola



Hon'ble CA Prakashji Chopda
Secretary
Vidya Prasarak Mandal,
Yavatmal

ORGANIZERS



Capt. Dr. P. P. Kothe
Principal
Jijamata Mahavidyalaya,
Buldana



Dr. R.S. Jaipurkar
Principal (Ex-Pro VC, SGBAU, Amravati)
Arts, Science and Commerce College,
Chikhaldara



Dr. R.A. Mishra
Principal
Amolakchand Mahavidyalaya,
Yavatmal



Dr. V.D. Nanoty
Principal
Shri. RLT College of Science,
Akola



Dr. R.F. Pagariya
Principal
R.A. Arts, Shri. M.K. Commerce &
Shri. S.R. Rathi Science Mahavidyalaya, Washim

COURSE COORDINATORS



Dr. Vivek H. Meshram
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9326087493



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Coordinator-District Washim
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TECHNICAL ADVISORY COMMITTEE



**Prof. B. S.
Deshmukh**



**Dr. S.G.
Mahajan**



**Prof. R.P.
Rahate**



**Prof. A.R.
Kanhu**



**Prof. S.L.
Kottewar**



**Prof. V.M.
More**



**Shri. A.G.
Dhage**

WHO CAN PARTICIPATE?

All students who are studying in the Sant Gadge Baba Amravati University, Amravati (Any college/department, any year and any faculty: eg. B.A., B.Com., B.Sc., B.E., B.Pharm., B.Tech., M.A., M.Com., M.Sc., etc).

REGISTRATION, ASSESMENTS & AWARDS

The students should follow following instructions for successful participation and completion of this course.

1. First register yourself using given registration link
2. Join the WhatsApp Group
3. Daily attend online talks using given ZOOM link or YouTube link
4. Submit all assignments within time
5. Submit all feedback forms within time
6. Download your certificate

REGISTRATION LINK:

<https://forms.gle/BNzdASYsS1mfw28>

Note:

1. All students please join the WhatsApp Group after filling the form through registration link.
2. Zoom link & YouTube link to attend the online talks will be provided on the WhatsApp Group.

