

Shri R. L. T. College of Science, Akola



Department Physical Education & Sports Degree College



Report of Session 2019-2020



COLOUR HOLDERS



**Ms. Mrunali Wawge, B.Sc.II
Colour Holder in Kabaddi (Best Sports Person)**



**Ms. Kalyani Sangunwedhe, B.Sc. II
Colour Holder in Handball**



**Ms. Bhagyshree Choudhary, B.Sc.II
Colour Holder in Wrestling**

Shri R. L. T. College of Science, Akola
Department Physical Education and Sports

Degree College

Report of Session 2019-2020

Individual Students and Teams were participated in Inter Collegiate Tournaments & Selection Trials of Sant Gadge Baba Amravati University, Amravati.

The details are given as follows.

Sr. No.	Name of Students	Class	Event
1	Shirame Priyanka S.	B.Sc.I	Wrestling
2	Sharma Mohit K.		Badminton, Football Volleyball, Taekwondo
3	Nimbhorkar Rushabh G.		Badminton
4	Ingle Raghuveer P.		Wrestling
5	Gawande Ashwini P.		Volleyball
6	Shelar Duryodhan S.		Athletics
7	Gondchaware Bhushan V.		Volleyball
8	Dhanokar Ritesh S.		Kabaddi
9	Chavan Mayur U.		Kabaddi
10	Giri Dipesh G.		Volleyball
11	Kute Nikhil A.		Badminton
12	Kadam Sanket G.		Wrestling , Kabaddi
13	Shelar Om V.		Athletics
14	Ambuskar Mohit S.		Judo, Wrestling
15	Kalley Mandar S.		Football
16	Chausalkar Mansi R.		Volleyball
17	Dandi Apeksha B.		Volleyball
18	Kale Prashant P.		Boxing
19	Pandey Saurabh N.		Boxing
20	Thakur Tejal D.		Taekwondo
21	Thakur Shruti U.		Basketball, Taekwondo
22	Sane Tanaya G.		Basketball
23	Meshram Harshal R.		Volleyball
24	Biyani Radhika J.	B.Sc.II	Volleyball
25	Sangunwedhe Kalyani P		Volleyball, Handball
26	Kelkar Sonal S.		Volleyball
27	Chaudhary Bhagyashree V.		Judo, Wrestling
28	Daberao Vishvajit S.		Football
29	Badhe Roshan S.		Football
30	Parbhanikar Ram S.		Football
31	Nayak Pritam P.		Football
32	Kate Pratik K.		Football, T.T., Badminton
33	Wankhade Piyush S.		Football
34	Dhore Yadnesh S.		Football
35	Mohokar Atharv R.		Football
36	Rathod Raman G.		Wrestling
37	Gaikwad Ajay P.		Kabaddi

Sr. No.	Name of Students	Class	Event	
38	Tiwari Hrushikesh B.	B.Sc.II	Handball, Athletics	
39	Yadav Ajay R.		Volleyball	
40	Tayde Nirmal S.		Volleyball	
41	Gedam Prerna S.		Judo, Wrestling	
42	Sarap Vaibhav B.		Football, Chess	
43	Gawai Bhushan V.		Football	
44	Kokane Gopal R.		Athletics	
45	Mohod Pawan R.		Athletics	
46	Joshi Vaishali K.		Judo, Wrestling	
47	Nibalkar Vaishnavi M.		Judo, Wrestling	
48	Dhore Abhijit R.		Kabaddi	
49	Tewale Vaibhav S.		Kabaddi	
50	Dahake Divya H.		Volleyball	
51	Wawge Mrunali G.		Kabaddi	
52	Sayre Abhijeet P.		Taekwondo	
53	Mamtora Hemangi N.		Taekwondo	
54	Khandare Priya P.		Taekwondo	
55	Pawar Anjali V.		B.Sc. III	Badminton
56	Ingle Shreyas S.			Chess
57	Dange Rohit G			Badminton, Table Tennis
58	Darmode Pawan B.			Badminton, Table Tennis
59	Lunge Pratiksha D.			Table Tennis
60	Sunariwal Himanshu K.			Kabaddi, Volleyball, T.T.
61	Mehare Akash R.			Kabaddi
62	Tale Shivshankar J	Volleyball, Kabaddi		
63	Sawale Ankit R.	Football, Volleyball		
64	Sarap Ravina R.	Table Tennis		
65	Katre Yogesh K.	Kabaddi		
66	Wankhade Shubham P.	Volleyball		
67	Sule Rohit R.	Volleyball, Power Lifting		
68	Kadu Pranav G.	Table Tennis		
69	Khanderao Mahendra P.	Kabaddi		
70	Raut Ghanshyam R.	Chess		
71	Nilkhan Nikhil S.	Chess		
72	Kalbande Pradip J.	Chess		
72	Ingle Shreyas S.	Chess		
73	Golait Diksha A.	Badminton		
74	Sanghai Damini D.	Badminton		
75	More Akash M	Kabaddi		
76	Harimkar Neha S	Judo, Wrestling		
77	Dofe Pratik G.	Taekwondo		
78	Mahalle Nana D.	Basketball		
79	Kalalkar Priya S.	M.Sc. I Maths	Judo, Wrestling	
80	Dubey Poonam S.	M.Sc. II Maths	Table Tennis	
81	Ambulkar Nita A.		Table Tennis	
82	Tayde Ankita P.		Badminton.	

Achievements of Students

Sr.	Name	Class	Achievement
1	Ms Mrunali G. Wawge Best Sports Person Colour Holder of Kabaddi	B.Sc. II	23rd Maharashtra State Inter University Sports Meet Krida Mohatsav-2019 was held at Punyashlok Ahilyadevi Holkar Solapur University, Solapur from 26.12.2019 to 30.12.2019. West Zone Inter University Kabaddi Tournament was held at Sant Gadge Baba Amravati University, Amravati from 05.12.2019 to 09.12.2019.
2	Ms. Kalyani Sangunwedhe Colour Holder in Handball	B.Sc. II	West Zone Inter University Handball Tournament was held at Lakshmibai National Institute of Physical Education, Gwalior from 23.12.2019 to 27.12.2019. All India Inter University Handball Tournament was held at Periyar University, Salem (TN) from 14.02.2020 to 16.02.2020. 23rd Maharashtra State Inter University Sports Meet Krida Mohatsav-2019 was held at Punyashlok Ahilyadevi Holkar Solapur University, Solapur from 26.12.2019 to 30.12.2019. 42nd Junior Girls National Handball Championship was Uttar Pradesh Handball Assoc, Ghaziabad, Uttar Pradesh from 4th to 8th Feb.2020
3	Ms. Bhagyshree Choudhari Colour Holder in Wrestling	B.Sc. II	All India Inter University Wrestling Tournament was held at Chaudhary Bansi Lal University, Bhiwani from 05.11.2019 to 07.11.2019. (59Kg. Wt. Category) Bronze Medal in Judo in Inter Collegiate Judo Tournament of S.G.B. Amravati University, Amravati held at D.C.P.E. Amravati (63 Kg. Wt. Category)
4	Mr. Raghuvir Ingle	B.Sc. I	Silver Medal in Wrestling in Inter Collegiate Wrestling Tournament of S.G.B. Amravati University, Amravati held at G.S. Tompe College, Chandur Bazar. (55Kg. Wt. Category)
5	Mr. Prashant Kale	B.Sc. I	Bronze Medal in Boxing in Inter Collegiate Boxing Tournament of S.G.B. Amravati University, Amravati held at Shri Shivaji Science College, Amravati (57Kg. Wt. Category)

Sr.	Name	Class	Achievement
6	Mr. Saurabh Pandey	B.Sc. I	Silver Medal in Boxing in Inter Collegiate Boxing Tournament of S.G.B. Amravati University, Amravati held at Shri Shivaji Science College, Amravati (75 Kg. Wt. Category)
7	Ms. Priya Kalalkar	M.Sc. I	Bronze Medal in Judo in Inter Collegiate Judo Tournament of S.G.B. Amravati University, Amravati held at D.C.P.E. Amravati(52Kg. Wt. Category)
8	Ms. Hemangi Mamtora	B.Sc. II	Bronze Medal in Taekwondo in Inter Collegiate Judo Tournament of S.G.B. Amravati University, Amravati held at D.C.P.E. Amravati (49Kg. Wt. Category)
9	Ms. Shruti Thakur	B.Sc. I	Bronze Medal in Taekwondo in Inter Collegiate Judo Tournament of S.G.B. Amravati University, Amravati held at D.C.P.E. Amravati (62Kg. Wt. Category)
10	Ms. Vaishnavi Nimbalkar	B.Sc. II	Silver Medal in Wrestling in Inter Collegiate Wrestling Tournament of S.G.B. Amravati University, Amravati held at G.S. Tompe College, Chandur Bazar. (55Kg. Wt. Category)
11	Ms. Neha Harimkar	B.Sc. III	Silver Medal in Wrestling in Inter Collegiate Wrestling Tournament of S.G.B. Amravati University, Amravati held at G.S. Tompe College, Chandur Bazar. (55Kg. Wt. Category)

Best Sportsman		
<u>Special Achievement:</u>		
Ms. Mrunali Wawge	B.Sc. II	Awarded with two Colour Coat in Kabaddi and two time participated in Maharashtra State Inter University Sports Meet Krida Mohatsav 2018-2019 & 2019-2020.

International Day of Yoga

International Day of Yoga was celebrated on 21st June 2019. All students and staff members attended this programme. Yoga related Information is delivered by Dr. Rajesh Chandrawanshi, Director of Physical Education and Sports through PPT presentation. Asan's practice was conducted in healthy atmosphere.

Fitness Development Programme

On the occasion of Golden Jubilee Year Celebration of establishment of Shri R.L.T. College of Science, it is organising Educational, Social and Environmental Safety related activities in the month of July and August. Department of Physical Education and Sports is taking initiative to emphasis correct concept of physical fitness, importance of diet, importance of indoor or outdoor physical activities and explain importance of stretching exercises with conducting the practical session through Fitness Development Programme for Students of School and Colleges.

Fitness Development Programme includes two skits which are based on current issue of new generation. Overuse of Mobile is Harmful to Health and Awareness related to Addiction these two skits were presented in front of 8000 students from different Schools and Colleges of Akola City. Co-ordinator of this Fitness Development Program is Dr. R.D. Chandrawanshi, Director of Physical Education and Sport. This program was successfully organised with the help of B.Sc. final year students under the guidance and supervision of Dr. V. D. Nanoty, Principal.

List of Students participated in Fitness Development Programme

Sr.No.	Name	Sr.No.	Name.
1	Mr. Animesh Deshmukh	10	Mr. Mangalkumar Mawale
2	Mr. Shreyas Ingle	11	Mr. Abhishek Lokhande
3	Mr. Rushikesh Talokar	12	Mr. Ankit Sawale
4	Mr. Gopal Zatale	13	Mr. Pratik Deshmukh
5	Mr. Askahy Gulhane	14	Mr. Rohit Dange
6	Mr. Himanshu Surnriwal	15	Mr. Balraj Khurania
7	Mr. Shubham Mhatarmare	16	Mr. Pranav Kadu
8	Mr. Kuldeep Shende	17	Mr. Pradip Kalbande
9	Mr. Pavan Darmode	18	Mr. Rushikesh Dhore

National Sports Day

National Sports Day was celebrated on 29th August 2019. Students participated in Chess, Badminton, Table Tennis, Skipping Rope & Suryanamaskar events from 26th to 29th August 2019. Friendly matches of Tug of War were decently organized. Aim of this National Sports Day was to motivate students in Sports Activities & Create atmosphere of Sports.

National Sports Day 29th August 2019

Sr.	Event	Name	Class	Place
1	Suryanamaskar Women	Miss. Anuja Ingle	B.Sc. III	First
2		Miss. Vaishnavi Lawale	XII	Second
3		Miss. Shreya Shegaonkar	XII	Third
4	Suryanamaskar Men	Mr. Raman Rathod	B.Sc.II	First
5		Mr. Abhijit Dhore	B.Sc.III	Second
6		Mr. Lalit Somwanshi	B.Sc.II	Third
7		Mr. Ravi Manmode	B.Sc.III	Third
8	Badminton Women	Miss. Ankita Tayde	M.Sc. II	First
9		Miss. Anjali Pawar	B.Sc.III	Second
10		Miss. Damini Sanghai	B.Sc.III	Third
11		Ms. Akanksha Arabe	XI	First
12		Ms. Kanchan Gawai	XI	Second
13	Badminton Men	Mr. Pavan Darmode	B.Sc.III	First
14		Mr. Rohit Dange	B.Sc.III	Second
15		Mr. Rushabh Nimbolkar	B.Sc.I	Third
16		Mr. Harshad Lahamage	XII	First
17		Mr. Shreekant Heda	XII	Second
18		Mr. Vaibhav Solanke	XI	Third
19	Chess Men	Mr. Shreyas Ingle	B.Sc.III	First
20		Mr. Aditya Wankhade	XII	Second
21		Mr. Raghuvveer Ingle	B.Sc.I	Third
22	Chess Women	Ms. Fatema A. Shaikh	B.Sc.III	First
23		Ms. Sruthi Mate	B.Sc.III	Second
24		Ms. Diskha Golait	B.Sc.III	Third
25	Skipping Rope Women	Miss. Anuja Ingle	B.Sc. III	First
26		Miss. Ankita Tayade	M.Sc.II	Second
27		Miss. Diksha Golait	B.Sc. III	Third
28	Skipping Rope Men	Mr. Shivshankar Tale	B.Sc. III	First
29		Mr. Abhijit Dhore	B.Sc. III	Second
30		Mr. Aditya Wankhade	XII	Second
31		Mr. Atharv Rajurkar	B.Sc. III	Third
32	Tug of War Men	Mr. Rohit Awadhut	B.Sc.III	First Position
33		Mr. Balraj Khurania	B.Sc.III	
34		Mr. Anuraj Chauhan	B.Sc.III	
35		Mr. Shantanu Wankhade	B.Sc.III	
36		Mr. Pratik Wankhade	B.Sc.III	
37		Mr. Pratik Dofe	B.Sc.III	
38		Mr. Pradip Kalbande	B.Sc.III	Second Position
39		Mr. Pranav Kadu	B.Sc.III	
40		Mr. Sumit Badase	B.Sc.III	
41		Mr. Pritesh Vilhekar	B.Sc.III	
42		Mr. Himanshu Sunariwal	B.Sc.III	
43		Mr. Rohit Sule	B.Sc.III	
44		Mr. Raghuvveer Ingle	B.Sc.I	
45	Mr. Pavan Darmode	B.Sc.III		
46	Mr. Raman Rathod	B.Sc.II		

Annual Sports Meet 2019-2020

Annual Sports Meet 2019-2020 was organized by The Berar General Education Society, Akola from 16th to 19th December 2019. Badminton, Table Tennis and Wrestling Tournaments are conducted by department. The following teams participated in this competition.

Sr. No.	Event	Junior College (Position)	Senior College (Position)
1	Badminton (Men)	Second Place	-----
2	Badminton (Women)	-----	First Place
3	Table Tennis (Men)	Second Place	First Place
4	Table Tennis (Women)	-----	First Place
5	Volleyball (Men)	Third Place	
6	Volleyball (Women)	Third Place	
7	Kabaddi (Men)	Second Place	
8	Wrestling (Men)	First Place	
9	Wrestling (Women)	Second Place	

Research Center in Physical Education

Research Center for Ph.D. in Physical Education of Sant Gadge Baba Amravati University is started from this session 2019-2020.

Physical Efficiency Test

The Physical efficiency Test was conducted in the month of February 2020. 170 Students from B.Sc. I & II participated in this test. Result of this test is as follows.

	A Grade Certificates	B Grade Certificates
For Men	13	22
For Women	25	67

Online Physical Fitness and Social Awareness Programme

14 Videos related to Physical Fitness, Immunity, Various Exercises, Competitive Examination Information and Business is a golden opportunity were uploaded on YouTube, WhatsApp's various groups and link shared with college's Pathshala for Student, Players, Community Benefits and Social Awareness in COVID-19 pandemic. Online Survey of Color Holders and Online Self against Corona Quiz were organized for Student, Players, Community Benefits and Social Awareness.

Sports Committee Members

1. Dr. R.D.Chandrawanshi Chairman
2. Dr. R.L. Rahatgaonkar Member
3. Prof. V.N. Badgujar Member
4. Prof. S.B. Tadam Member

NATIONAL SPORTS DAY 2019



National Sports Day Felicitation Programme



National Sports Day - Tug of War



Wrestling Practice



Taekwondo Practice



Celebration of National Sports Day



Badminton Tournament

NATIONAL SPORTS DAY 2019



Suryanamaskar Competition



Students Involvement



Table Tennis Tournament



Skipping Rope Competition



Ancient Art- Bhanwra Jal



Judo Practice

Selection Trials



Badminton



Football- Lal Bahadur Shastri Stadium



Kabaddi



Taekwondo



Health Club



Athletics- Vasant Desai Stadium

INTER COLLEGIATE TOURNAMENT - PARTICIPATION



Kabaddi (Men)
Dr. R.G.Rathod Arts & Science College,
Murtizapur



Table Tennis (Women)
Smt. Shakuntalabai Dhabekar Mahavidyalaya,
Karanja Lad



Badminton (Men)
G.S. Science, Arts & Commerce College,
Khamgaon



Badminton (Women)
Late Bhaskarrao Shingane Arts College,
Sakharkherda Dist. Buldana



Football
Mungsaji Maharaj Mahavidyalaya,
Darwaha Dist. Yavatmal



Volleyball
Ramrao Zanak College, Malegaon Dist. Washim

INTER COLLEGIATE TOURNAMENT - PARTICIPATION



Taekwondo
Degree College of Physical Education (HVPM)
Amravati



Boxing (Men)
Shri Shivaji Science College,
Amravati

The Berar General Education Society's Annual Sports Meet 2019



Opening Ceremony



Badminton Tournament



Wrestling Tournament



Volleyball Team

SANT GADGE BABA AMRAVATI UNIVERSITY, AMRAVATI
West Zone Inter University Kabaddi (Women) Tournament



Dr. R.D. Chandrawanshi
 Worked as Member of Weight Committee

Kabaddi Tournament

All India Inter University Wrestling Free Style
Women Championship 2019-20
Choudhary Bansilal University, Bhiwani, Haryana



Dr. R.D. Chandrawanshi
 Worked as Team Manager

Wrestling Team
Sant Gadge Baba Amravati Univ., Amt.

FITNESS DEVELOPMENT PROGRAMME



Blood Donation Camp – 24th December 2019

