# Shri R. L. T. College of Science, Akola Department Sports & Physical Education

## **Degree College**

### **Report of Session 2018-2019**

Individual Students and Teams participated in Inter Collegiate Tournaments & Selection Trials of Sant Gadge Baba Amravati University, Amravati.

The detail is given as follows.

Sr.No.	Name of Students	Class	Event
1	Yadav Ajay R.		Volleyball
2	Duryodhan Sanket V.		Volleyball & Football
3	Janorkar Aditya R.		Volleyball
4	Nimbalkar Vaishnavi M.		Wrestling & Judo
5	Gayki Arti R.		Wrestling
6	Choudhari Bhagyshri		Wrestling & Judo
7	Jain Akash B.		Kabaddi
8	Tewale Vaibhav S.		Kabaddi
9	Rathod Sumit S.		Kabaddi
10	Dhore Yadnesh S.		Football
11	Kate Pratik K.		Football
12	Gawai Bhushan V.	B.Sc.I	Football
13	Parbhanikar Ram S		Football
14	Sarap Pawan A.		Athletics
15	Kokane Gopal R.		Athletics
16	Bhate Rucha A.		Badminton
17	Murtadkar Swapnil S.		Badminton
18	Tiwari Kshitij A.		Boxing
19	Wawge Mrunali G.		Kabaddi
20	Sangunwedhe Kalyani P.		Handball
21	Sayre Abhijit P.		Taekwondo
22	Waghamare Prashant V.		Lawn Tennis
23	Tiwari Hrushikesh B.		Handball
24	Wankhade Shubham P.		Volleyball
25	Sawale Ankit R.		Volleyball & Football
26	Sule Rohit R.		Volleyball
27	Mehare Akash R.		Volleyball & Kabaddi
28	Tale Shivshankar J		Volleyball & Kabaddi
29	Matarmare Shubham G.		Wrestling & Judo
30	Ghonge Sadanand P.		Wrestling & Judo
31	Telgote Dipankar R.		Wrestling & Judo
32	Harimkar Neha S.	B.Sc.II	Wrestling & Judo
33	Sunariwal Himanshu K		Kabaddi
34	Talokar Rushikesh S		Volleyball & Kabaddi
35	Gawande Mahesh G.		Kabaddi
36	Dhore Rushikesh P		Kabaddi
37	Neware Rushikesh M.		Football
38	Thakur Shantanu D.		Football
39	Dinode Vrushabh M.		Football
40	Dahibhate Shyam S.		Athletics

Sr.No.	Name of Students	Class	Event
41	Lokhande Abhishek J.		Athletics
42	Kalamb Mangesh M.	-	Chess & Athletics
43	Pawar Anjali V.	-	Badminton
44	Sanghai Damini D.		Badminton
45	Darmode Pawan D.		Badminton
46	Dange Rohit G.		Badminton
47	Pujara Harsh C.		Badminton
48	Mulay Samruddhi S.		Judo
49	Nilkhan Nikhil S.		Chess
50	Ingle Sheryas S.	B.Sc.II	Chess
51	Kalbande Pradip J		Chess
52	Awachr Manisha M		Archery
53	Khurania Balraj B.		Boxing
54	Pote Ruchiket A	1	Boxing & Power Lifting
55	Dofe Pratik G.		Taekwondo
56	Mahalle Nana D.		Basketball
57	Lunge Pratiksha D.	1	Table Tennis
58	Sarap Ravina R.		Table Tennis
59	Khawane Swaraj R.		Volleyball
60	Gite Tushar H.		Wrestling & Judo
61	Kalalkar Priya S.	1	Wrestling & Judo
62	Raut Godavari M.	1	Wrestling
63	Jadhav Shivani M.		Wrestling
64	Khendkar Akash B.		Kabaddi
65	Murtadkar Shyam S.		Kabaddi & Judo
66	Neware Ankit G.		Football
67	Waghmare Suraj S.		Football
68	Ingole Saurabh S.		Football
69	Sabale Krishna M.	B.Sc.III	Football
70	Pawar Rohini V.		Athletics
71	Damodar Sachin B.		Badminton
72	Vidyasagar Yash D.	1	Badminton
73	Varma Ghanshyam D.	1	Table Tennis
74	Akot Gaurav R.	1	Table Tennis
75	Bais Harshal A.	1	Table Tennis
76	Shelke Akshay S.	-	Chess
77	Karale Vaibhav K	1	Weight & Power Lifting
78	Vishwakarma Ritu R	1	Handball
79	Tayde Ankita P.	M.Sc. I	Badminton
80	Gawai Karika D	Maths	Judo
81	Gawande Sagar P.	M.Sc. II	Volleyball & Athletics
	0	Maths	

r	Achievements of Students				
Sr.	Name	Class	Achievement		
1	Ms. Mrunali Wawge	B.Sc. I	<b>Colour in Kabaddi</b> Participated in West Zone Inter University Tournament held at Swami Ramanand Teerth Marathwada University, Nanded (Dayanand Arts College, Latur) from 10.11.2018 to 14.11.2018. 22 <sup>nd</sup> Maharashtra State Inter University Sports Festival 2018 held at University of Mumbai from 12/02/2019 to 18/02/2019		
2	Miss. Kalyani Sangunwedhe	B.Sc. I	Colour Coat in Handball Participated in West Zone Inter University Tournament held at Savitribai Phule Pune University, Pune from 29.10.2018 to 01.11.2018		
3	Mr. Kshitij Tiwari	B.Sc. I	Colour Coat in Boxing Participated in All India Inter University Tournament held at Janardan Rai Nagar Rajasthan Vidyapeeth, Udaipur (Raj.) from 23.02.2019 to 28.02.2019.		
4	Miss. Bhagyshree Choudhari	B.Sc. I	Colour Coat in Wrestling (62Kg. Wt. Category) Participated in All India Inter University tournament held at Dr.Babasaheb Ambedkar Marathwada University, Aurangbad from 03.11.2018 to 05.11.2018.		
5	Mr. Ruchiket Pote	B.Sc. II	Colour Coat in Power Lifting (120 Kg. above Wt. Category) Participated in All India Inter University Tournament held at University of Calicut, (Kerla) 20.02.2019 to 23.02.2019.		
6	Miss. Shivani Jadhao	B.Sc. III	Colour Coat in Wrestling (57Kg. Wt. Category) Participated in All India Inter University tournament held at Dr.Babasaheb Ambedkar Marathwada University, Aurangbad from 03.11.2018 to 05.11.2018.		
7	Miss. Priya Kalalkar	B.Sc. III	Colour Coat in Wrestling (50Kg. Wt. Category) Participated in All India Inter University tournament held at Dr.Babasaheb Ambedkar Marathwada University, Aurangbad from 03.11.2018 to 05.11.2018.		
8	Mr. Vaibhav Karale	B.Sc. III	Colour Coat in Weight Lifting (89Kg. Wt. Category) Participated in All India Inter University Tournament held at University of Calicut, (Kerla) from 17.11.2018 to 20.11.2018		

## Achievements of Students

Sr.	Name	Class	Achievement		
9	Ms. Bhagyshree		" UNIVERSITY CHAMPION"		
	Choudhari	B.Sc.I	Continuous Second Time our College won		
	Ms. Godavai Raut	B.Sc.III	Wrestling Women Championship 2018-2019		
	Ms. Shivani Jadhao	B.Sc.III	of Sant Gadge Baba Amravati University,		
	Ms. Priya Kalalkar	B.Sc.III	Amravati and Three wrestlers awarded		
			Colour Coat, Gold & Silver Medals.		
10	Ms. Karika Gawai	B.Sc.	Silver Medal in Judo in Inter Collegiate		
		III	Judo Tournament of S.G.B. Amravati		
			University, Amravati held at D.C.P.E.		
			Amravati		
11	Mr. Ruchiket Pote	B.Sc.	Silver Medal in Boxing in Inter Collegiate		
		II	Boxing Tournament of S.G.B. Amravati		
			University, Amravati held at D.C.P.E.		
			Amravati		
12	Mr. Tushar Gite	B.Sc.	Bronze Medal in Judo in Inter Collegiate		
		III	Judo Tournament of S.G.B. Amravati		
			University, Amravati held at D.C.P.E.		
	26 01 11		Amravati		
13	Mr. Shubham	B.Sc.	Bronze Medal in Judo in Inter Collegiate		
	Mhatarmare	II	Judo Tournament of S.G.B. Amravati		
			University, Amravati held at D.C.P.E.		
		DC	Amravati		
14	Mr. Abhijit Sayre	B.Sc.	Bronze Medal in Taekwondo in Inter		
		I	Collegiate Taekwondo Tournament of		
			S.G.B. Amravati University, Amravati held		
			at Sipna college of Engg., Amravati		
			Gold Medal in Ashtedo Akhada National & International Tournament, Goa		
L		1	international rournament, Goa		

Best Sportsman				
Special Achievement:	B.Sc.	Awarded three Colour Coat in Weight		
Mr. Vaibhav Kailash Karale III Lifting & Power lifting for C		Lifting & Power lifting for College		
		2016-2017, 2017-2018 & 2018-2019		

## **International Yoga Day**

International Yoga day was celebrated on 21st June 2018. All students and staff members attended this programme. Yoga related Information is delivered by Dr. Rajesh Chandrawanshi thought PPT presentation. Asan's practice was conducted in healthy atmosphere.

## **National Sports Day**

National Sports Day was celebrated on 29<sup>th</sup> August 2018. Students were participated in Chess, Badminton, Table Tennis, Skipping Rope & Suryanamaskar events from 23<sup>rd</sup> to 29<sup>th</sup> August 2018. Friendly matches of Tug of War were decently organized. Aim of this National Sports Day was to motivated students in Sports Activities & Create atmosphere of Sports.

Sr.	Event	Name	Class	Place
1	Curry on one officer	Miss. Godavari Raut (51)	B.Sc. III	First
2	Suryanamaskar Women	Miss. Priya Kalalkar (36)	B.Sc. III	Second
3	women	Miss. Shivani Jadhav (20)	B.Sc. III	Third
4	Sumonomoglion	Mr. Sagar Gawande (101)	M.Sc.III	First
5	Suryanamaskar Men	Mr. Shreyas Ingle (85)	B.Sc.II	Second
6	Men	Mr. Shubham Mhatarmare (80)	B.Sc.II	Third
7	Table Tennis	Miss. Pratiksha Lunge	B.Sc.II	First
8	Women	Miss. Ravina Sarap	B.Sc. II	Second
9	Table Tennis	Mr. Harshal Bais	B.Sc.III	First
10	Men	Mr. Ghanshyam Verma	B.Sc. III	Second
11	Badminton	Miss. Ankita Tayde	M.Sc. I	First
12	Women	Miss. Rucha Bhate	B.Sc. I	Second
13	Badminton	Mr. Yash Vidyasagar	B.Sc.III	First
14	Men	Mr. Sachin Damodar	B.Sc.III	Second
15	Chess	Mr. Nikhil Nilkhan	B.Sc.II	First
16	M & W	Mr. Shreyas Ingle	B.Sc.II	Second
17	Skipping Rope	Miss. Anjali Pawar (204)	B.Sc. II	First
18	Women	Miss.Rohini Pawar (183)	B.Sc. III	Second
19		Miss.Gayatri Kalamb (152)	B.Sc. I	Third
20	Stringing Dong	Mr. Akshay Shelke (1013)	B.Sc. III	First
21	Skipping Rope Men	Mr. Nikhil Matre (870)	B.Sc. I	Second
22	WICH	Mr. Jay Indore (800)	B.Sc. II	Third
23		Miss. Shivani Jadhao	B.Sc.III	First
24		Miss. Godavari Raut	B.Sc.III	Position
25		Miss. Damini Sanghai	B.Sc.II	
26		Miss. Ishwari Hingane	B.Sc.II	Total
27		Miss. Priya Kalalkar	B.Sc.III	Wt.
28		Miss. Anjali Pawar	B.Sc.II	317 Kg.
33	Tug of War	Miss. Vaishanvi Bathe	B.Sc.II	Second
34	Women Miss. Kirti Bhala		B.Sc.II	Position
35		Miss. Sejal Jaiswal	B.Sc.II	
36		Miss. Pooja Halvadiya	B.Sc.II	Total
37		Miss. Ashwani Akolkar	B.Sc.II	Wt.
38		Miss. Anchal Mhaisane	B.Sc.II	338
39		Miss. Jayashri Jaybhaye	B.Sc.III	KG.

National Sports Day 29th August 2017

Sr.	Event	Name	Class	Place
40		Mr. Pawan Mohod	B.Sc.I	
41		Mr. Vikram Mahakale	B.Sc.I	
42		Mr. Gopanl Kokane	B.Sc.I	First
43		Mr. Nikhil Matre	B.Sc.I	Position
44		Mr. Lalit Somwanshi	B.Sc.I	
45		Mr. Dependra Saini	B.Sc.I	Total Wt.
46		Mr. Yadnesh Dhore	B.Sc.I	448Kg
47	-	Mr. Saurabh Dhole	B.Sc.I	
48	Tug of War	Mr. Deepak Jadhav	B.Sc.I	
50	Men	Mr.Rohit Awadhut	B.Sc.II	
51		Mr. Pawan Band	B.Sc.II	Second
52		Mr. Shantanu Wankhade	B.Sc.II	Position
53		Mr. Balraj Khurania	B.Sc.II	
54		Mr. Pawan Shelke	B.Sc.II	Total Wt.
55		Mr. Mayur Jawake	B.Sc.II	443 Kg
56		Mr. Mangal Mawale	B.Sc.II	

### University Level Inter Collegiate Badminton (Men) Tournament

S.G.B. Amravati University's Inter Collegiate Badminton Tournament (Men) Zone – A was organized on  $18^{th}$  to  $21^{st}$  September 2018. In this championship 112 participants of 27 colleges were participated.

# 1<sup>st</sup> Annual Sports Meet 2018-2019

1<sup>st</sup> Annual Sports Meet 2018-2019 was organized by The Berar General Education Society, Akola from 8<sup>th</sup> to 11<sup>th</sup> January 2019. The following teams participated in this competition.

S.N.	Event		Junior College	Senior College
1	Badminton (Men)		Second Place	Second Place
2	Badminton (Women	)		<b>First Place</b>
3	Table Tennis (Men)		Second Place	<b>First Place</b>
4	Table Tennis (Women)			
5	Volleyball (Men)	Jr.& Sr.	Thi	rd Place
6	Volleyball (Women	) Jr.& Sr.	Fir	st Place
7	Kabaddi (Men)	Jr.& Sr.	Third Place	
8	Kabaddi (Women)	Jr.& Sr.	Fir	st Place

#### **Physical Efficiency Test**

The Physical efficiency Test was conducted in the month of January 2019. **140** Students from B.Sc.I & II participated in this test. Result of this test is as follows.

	A Grade Certificates	B Grade Certificates
For Men	15	12
For Women	21	61

#### **Medical Examination**

Medical Examination 2018-2019 was conducted in the month of March 2019. **244 Women & 117 Men** have attended this examination.

### Self Defense Academy (Innovative Practice)

Judo, Wrestling, Karate, Boxing, Taekwondo & Stick practice was taken under in this self defense academy. This hard training develops muscular power, stamina, endurance, flexibility, agility of strength of player. Aim of this activity is to develop self defense skill with physical fitness among the students specially for girls as well as in boys. Physically strong young generation is always ready to struggle in any situation.

## Achievements of Staff

Sr.	Name	Designation	Achievement	
1	Dr. Rajesh D. Chandrawanshi	Director of Sports and Physical Education	<b>Recognized Supervisor for Ph.D.</b> in Physical Education as per Sant Gadge Baba Amravati University's Notification dated 14 <sup>th</sup> March 2019.	

### **Resource Persons**

Sr. No	Name of Resource	Key Note Address/	Name of Institute and Place	Event	Date
	Person	Invite Talk			
01	Dr. Rajesh D.	Invite Talk	Mahajan College of	International	23 <sup>rd</sup> &
	Chandrawanshi		Technology & Smt.	Conference on	$24^{th}$
			N.W. Arts College,	Recent Trends in	March
			Yavatmal	Commerce and	2019
				Humanities	

### **Sports Committee Members**

- 1. Mr. R. D. Chandrawanshi Chairman
- 2. Dr. R.L. Rahatgaonkar Member
- **3.** Prof. V.N. Badgujar Member
- 4. Prof. S.B. Tadam Member